



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

Hoppe, Jürgen

Club: Zauberwerkstatt

Number: 597

Course: 11.30 km

11,3 km Run

Category:

Männer M60

Total time: 1:02:12

Speed: 10.61 km/h

Running performance: 5:30 min/km

Rank in course/Total: 119 (of 182)

Rank in course/Men: 106 (of 135)

Best time in course: 40:15

Rank in category: 2(of 4)

Best time in the category: 56:26