



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Grable, Tashina**

Club: LG Muli

Number: 56

Course: 1.50 km

1,5 km KITZ-Lauf

Category:

weibliche Schüler

Total time: 8:14

Speed: 7.29 km/h

Running performance: 5:29 min/km

Rank in course/Total: 33 (of 52)

Rank in course/Women: 14 (of 21)

Best time in course: 6:38

Rank in category: 14(of 21)

Best time in the category: 6:38