



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Schintu, Piero

Club: Hemsbach

Number: 617

Course: 11.30 km

11,3 km Run

Category:

Männer M35

Total time: 1:02:17

Speed: 10.60 km/h

Running performance: 5:31 min/km

Rank in course/Total: 121 (of 182)

Rank in course/Men: 108 (of 135)

Best time in course: 40:15

Rank in category: 11(of 16)

Best time in the category: 41:10