



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Weiss, Oliver**

Club: Mannheim

Number: 530

Course: 11.30 km

11,3 km Run

Category:

Männer M35

Total time: 1:03:56

Speed: 10.32 km/h

Running performance: 5:40 min/km

Rank in course/Total: 130 (of 182)

Rank in course/Men: 114 (of 135)

Best time in course: 40:15

Rank in category: 13(of 16)

Best time in the category: 41:10