



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

#### Rohland, Ute

Club: Ski-Club Mannheim 1906 e.V.

Number: 639

Course: 11.30 km

11,3 km Run

Category:

Frauen W60

Total time: 1:05:04

Speed: 10.14 km/h

Running performance: 5:46 min/km

Rank in course/Total: 139 (of 182)

Rank in course/Women: 22 (of 47)

Best time in course: 48:20

Rank in category: 1(of 1)

Best time in the category: 1:05:04