



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Schumann, Alice

Club: SV Erzhausen

Number: 684

Course: 11.30 km

11,3 km Run

Category:

Frauen W45

Total time: 1:05:27

Speed: 10.08 km/h

Running performance: 5:47 min/km

Rank in course/Total: 145 (of 182)

Rank in course/Women: 25 (of 47)

Best time in course: 48:20

Rank in category: 7(of 12)

Best time in the category: 48:20