



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Kreischer, Ute

Club: Neuhofen

Number: 626

Course: 11.30 km

11,3 km Run

Category:

Frauen W45

Total time: 1:10:14

Speed: 9.40 km/h

Running performance: 6:13 min/km

Rank in course/Total: 162 (of 182)

Rank in course/Women: 34 (of 47)

Best time in course: 48:20

Rank in category: 11(of 12)

Best time in the category: 48:20