



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Schliemann, Diana

Club: Benny goes Mathe

Number: 668

Course: 11.30 km

11,3 km Run

Category:

Frauen W35

Total time: 1:12:20

Speed: 9.12 km/h

Running performance: 6:24 min/km

Rank in course/Total: 169 (of 182)

Rank in course/Women: 39 (of 47)

Best time in course: 48:20

Rank in category: 8(of 10)

Best time in the category: 51:31