



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Pellegrini, Claudia

Club: Pfitzenmeier

Number: 699

Course: 11.30 km

11,3 km Run

Category:

Frauen W40

Total time: 1:15:48

Speed: 8.71 km/h

Running performance: 6:43 min/km

Rank in course/Total: 174 (of 182)

Rank in course/Women: 41 (of 47)

Best time in course: 48:20

Rank in category: 7(of 7)

Best time in the category: 53:51