



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Motsch-Klein, Hermann**

Club: Lauf-Ich-AG

Number: 845

Course: 7.00 km

7 km Walk

Category:

Walking/ Nordic Walking Männer

Total time: 57:52

Speed: 7.26 km/h

Running performance: 8:16 min/km

Rank in course/Total: 6 (of 16)

Rank in course/Men: 3 (of 4)

Best time in course: 53:08

Rank in category: 3(of 4)

Best time in the category: 53:08