



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Hempel, Andrea

Number: 806

Course: 7.00 km

7 km Walk

Category:

Walking/ Nordic Walking

Total time: 58:00

Speed: 7.24 km/h

Running performance: 8:17 min/km

Rank in course/Total: 7 (of 16)

Rank in course/Women: 4 (of 12)

Best time in course: 51:13

Rank in category: 4(of 12)

Best time in the category: 51:13