



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Weißmann, Diana

Club: Mannheim

Number: 840

Course: 7.00 km

7 km Walk

Category:

Walking/ Nordic Walking

Total time: 1:02:24

Speed: 6.73 km/h

Running performance: 8:55 min/km

Rank in course/Total: 13 (of 16)

Rank in course/Women: 9 (of 12)

Best time in course: 51:13

Rank in category: 9(of 12)

Best time in the category: 51:13