



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Klemmer, Uta

Club: Mannheim

Number: 807

Course: 7.00 km

7 km Walk

Category:

Walking/ Nordic Walking

Total time: 1:04:36

Speed: 6.50 km/h

Running performance: 9:14 min/km

Rank in course/Total: 16 (of 16)

Rank in course/Women: 12 (of 12)

Best time in course: 51:13

Rank in category: 12(of 12)

Best time in the category: 51:13