



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Dakhli, Angelika

Number: 815

Course: 7.00 km
7 km Nordic Walk

Category:
Walking/ Nordic Walking

Total time: 1:06:24

Speed: 6.33 km/h

Running performance: 9:29 min/km

Rank in course/Total: 19 (of 24)

Rank in course/Women: 12 (of 17)

Best time in course: 55:19

Rank in category: 12(of 17)

Best time in the category: 55:19