



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Spitzbart, Laurence

Club: Wald+Sportkiga Mannheim

Number: 58

Course: 1.50 km

1,5 km KITZ-Lauf

Category:

männliche Schüler

Total time: 10:33

Speed: 5.69 km/h

Running performance: 7:02 min/km

Rank in course/Total: 47 (of 52)

Rank in course/Men: 28 (of 31)

Best time in course: 5:53

Rank in category: 28(of 31)

Best time in the category: 5:53