



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Bachmann, Ron

Club: TSV MA - Schönau

Number: 201

Course: 5.57 km

6 km Run

Category:

Männer M20

Total time: 21:08

Speed: 14.20 km/h

Running performance: 3:47 min/km

Rank in course/Total: 4 (of 158)

Rank in course/Men: 4 (of 104)

Best time in course: 20:14

Rank in category: 2(of 8)

Best time in the category: 20:14