



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Stumpf, Jürgen

Club: PSV Mannheim

Number: 239

Course: 5.57 km

6 km Run

Category:

Männer M45

Total time: 21:11

Speed: 14.16 km/h

Running performance: 3:48 min/km

Rank in course/Total: 5 (of 158)

Rank in course/Men: 5 (of 104)

Best time in course: 20:14

Rank in category: 1(of 15)

Best time in the category: 21:11