



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Blöh, Max**

Club: TSV MA - Schönau

Number: 268

Course: 5.57 km

6 km Run

Category:

männliche Jugend B

Total time: 22:35

Speed: 13.28 km/h

Running performance: 4:03 min/km

Rank in course/Total: 9 (of 158)

Rank in course/Men: 9 (of 104)

Best time in course: 20:14

Rank in category: 1(of 11)

Best time in the category: 22:35