



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Kaminski, Marc

Club: Mannheim

Number: 345

Course: 5.57 km

6 km Run

Category:

männliche Schüler A

Total time: 25:32

Speed: 11.75 km/h

Running performance: 4:35 min/km

Rank in course/Total: 29 (of 158)

Rank in course/Men: 29 (of 104)

Best time in course: 20:14

Rank in category: 3(of 9)

Best time in the category: 23:34