



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Glowania, Dawid

Club: Waldschule Mannheim

Number: 252

Course: 5.57 km

6 km Run

Category:

männliche Jugend B

Total time: 25:33

Speed: 11.74 km/h

Running performance: 4:35 min/km

Rank in course/Total: 30 (of 158)

Rank in course/Men: 30 (of 104)

Best time in course: 20:14

Rank in category: 3(of 11)

Best time in the category: 22:35