



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Hochhaus, Jacob

Club: DJK Käfertal-Waldhof

Number: 280

Course: 5.57 km

6 km Run

Category:

männliche Schüler B

Total time: 25:39

Speed: 11.70 km/h

Running performance: 4:37 min/km

Rank in course/Total: 31 (of 158)

Rank in course/Men: 31 (of 104)

Best time in course: 20:14

Rank in category: 2(of 13)

Best time in the category: 25:27