



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

Hochhaus, Justin

Club: DJK Käfertal-Waldhof

Number: 273

Course: 5.57 km

6 km Run

Category:

männliche Schüler A

Total time: 26:00

Speed: 11.54 km/h

Running performance: 4:40 min/km

Rank in course/Total: 35 (of 158)

Rank in course/Men: 34 (of 104)

Best time in course: 20:14

Rank in category: 5(of 9)

Best time in the category: 23:34