



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

Herrwerth, Marius

Club: Grüne

Number: 282

Course: 5.57 km

6 km Run

Category:

männliche Schüler B

Total time: 26:20

Speed: 11.39 km/h

Running performance: 4:44 min/km

Rank in course/Total: 38 (of 158)

Rank in course/Men: 37 (of 104)

Best time in course: 20:14

Rank in category: 4(of 13)

Best time in the category: 25:27