



## 4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

### Detailed evaluation

**Gräbe, Janne**

Club: LG Muli

Number: 390

Course: 5.57 km

6 km Run

Category:

männliche Jugend B

Total time: 26:23

Speed: 11.37 km/h

Running performance: 4:44 min/km

Rank in course/Total: 40 (of 158)

Rank in course/Men: 39 (of 104)

Best time in course: 20:14

Rank in category: 4(of 11)

Best time in the category: 22:35