



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Müller, Hans-Georg

Club: Östringen

Number: 388

Course: 5.57 km

6 km Run

Category:

Männer M40

Total time: 26:26

Speed: 11.35 km/h

Running performance: 4:45 min/km

Rank in course/Total: 43 (of 158)

Rank in course/Men: 42 (of 104)

Best time in course: 20:14

Rank in category: 5(of 16)

Best time in the category: 21:27