



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Riedel, Ralf

Club: VS Leipzig
Number: 374

Course: 15.00 km
15.0 km

Category:
Männer M45

Total time: 1:11:24

Speed: 12.61 km/h
Running performance: 4:46 min/km

Rank in course/Total: 68 (of 124)

Rank in course/Men: 58 (of 86)

Best time in course: 53:24

Rank in category: 11(of 15)

Best time in the category: 56:22