



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

**Springer, Andreas**

Club: LG Leipzig-Grünau  
Number: 254

Course: 15.00 km  
15.0 km

Category:  
Männer M55

Total time: 1:11:39

Speed: 12.56 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 69 (of 124)

Rank in course/Men: 59 (of 86)

Best time in course: 53:24

Rank in category: 4(of 8)

Best time in the category: 59:08