



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Menz, Ellen

Club: Taucha  
Number: 267

Course: 15.00 km  
15.0 km

Category:  
Frauen W35

Total time: 1:13:15

Speed: 12.29 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 76 (of 124)

Rank in course/Women: 11 (of 38)

Best time in course: 58:41

Rank in category: 3(of 5)

Best time in the category: 58:41