



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Großmann, Ralf

Club: Volkssport Leipzig

Number: 240

Course: 15.00 km

15.0 km

Category:

Männer M50

Total time: 1:14:48

Speed: 12.03 km/h

Running performance: 4:59 min/km

Rank in course/Total: 78 (of 124)

Rank in course/Men: 67 (of 86)

Best time in course: 53:24

Rank in category: 10(of 13)

Best time in the category: 59:04