



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Lohse, Elmar

Club: LG Taucha/Leipzig

Number: 235

Course: 15.00 km

15.0 km

Category:

Männer M45

Total time: 1:15:48

Speed: 11.87 km/h

Running performance: 5:03 min/km

Rank in course/Total: 83 (of 124)

Rank in course/Men: 69 (of 86)

Best time in course: 53:24

Rank in category: 12(of 15)

Best time in the category: 56:22