



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Könnecke, Hannelore

Club: Volkssport Leipzig

Number: 281

Course: 15.00 km

15.0 km

Category:

Frauen W55

Total time: 1:17:21

Speed: 11.64 km/h

Running performance: 5:10 min/km

Rank in course/Total: 87 (of 124)

Rank in course/Women: 16 (of 38)

Best time in course: 58:41

Rank in category: 2(of 4)

Best time in the category: 1:15:46