



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Johne, Carsten

Club: Volkssport
Number: 231

Course: 15.00 km
15.0 km

Category:
Männer M45

Total time: 1:19:19

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 92 (of 124)

Rank in course/Men: 75 (of 86)

Best time in course: 53:24

Rank in category: 14(of 15)

Best time in the category: 56:22