



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Haake, Kai

Club: VS Leipzig  
Number: 213

Course: 15.00 km  
15.0 km

Category:  
Männer M35

Total time: 1:19:52

Speed: 11.27 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 95 (of 124)

Rank in course/Men: 76 (of 86)

Best time in course: 53:24

Rank in category: 16(of 19)

Best time in the category: 53:24