



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Woigk, Constanze

Club: SG Olympia 1896  
Number: 275

Course: 15.00 km  
15.0 km

Category:  
Frauen W45

Total time: 1:25:33

Speed: 10.52 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 109 (of 124)

Rank in course/Women: 28 (of 38)

Best time in course: 58:41

Rank in category: 5(of 10)

Best time in the category: 1:09:36