



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Holke, Karin

Club: LC Auensee Leipzig  
Number: 273

Course: 15.00 km  
15.0 km

Category:  
Frauen W45

Total time: 1:26:32

Speed: 10.40 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 112 (of 124)

Rank in course/Women: 29 (of 38)

Best time in course: 58:41

Rank in category: 6(of 10)

Best time in the category: 1:09:36