



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Quapp, Wolfgang

Club: VS

Number: 16

Course: 10.00 km

10.0 km

Category:

Männer M60

Total time: 52:18

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 15 (of 24)

Rank in course/Men: 15 (of 21)

Best time in course: 35:31

Rank in category: 4(of 5)

Best time in the category: 41:33