



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Lappe, Matthias

Club: LG eXa Leipzig e.V.
Number: 234

Course: 15.00 km
15.0 km

Category:
Männer M45

Total time: 56:22

Speed: 15.97 km/h
Running performance: 3:46 min/km

Rank in course/Total: 4 (of 124)

Rank in course/Men: 4 (of 86)

Best time in course: 53:24

Rank in category: 1(of 15)

Best time in the category: 56:22