



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Schlieder, Jörg

Club: LC Auensee Leipzig  
Number: 221

Course: 15.00 km  
15.0 km

Category:  
Männer M35

Total time: 58:41

Speed: 15.34 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 14 (of 124)

Rank in course/Men: 13 (of 86)

Best time in course: 53:24

Rank in category: 5(of 19)

Best time in the category: 53:24