



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Richter, Detlef

Club: LG Leipzig Grünau  
Number: 294

Course: 15.00 km  
15.0 km

Category:  
Männer M45

Total time: 1:00:09

Speed: 14.96 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 20 (of 124)

Rank in course/Men: 19 (of 86)

Best time in course: 53:24

Rank in category: 3(of 15)

Best time in the category: 56:22