



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Luft, Mike

Club: LC Auensee  
Number: 219

Course: 15.00 km  
15.0 km

Category:  
Männer M35

Total time: 1:00:33

Speed: 14.86 km/h  
Running performance: 4:02 min/km

Rank in course/Total: 21 (of 124)

Rank in course/Men: 20 (of 86)

Best time in course: 53:24

Rank in category: 6(of 19)

Best time in the category: 53:24