



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Thomas, Kai

Club: LFV Oberholz
Number: 203

Course: 15.00 km
15.0 km

Category:
Männer M20

Total time: 1:01:39

Speed: 14.60 km/h
Running performance: 4:07 min/km

Rank in course/Total: 25 (of 124)

Rank in course/Men: 23 (of 86)

Best time in course: 53:24

Rank in category: 4(of 9)

Best time in the category: 55:18