



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Werner, Michael

Club: SC DHfK
Number: 387

Course: 15.00 km
15.0 km

Category:
Männer M45

Total time: 1:01:54

Speed: 14.54 km/h
Running performance: 4:08 min/km

Rank in course/Total: 26 (of 124)

Rank in course/Men: 24 (of 86)

Best time in course: 53:24

Rank in category: 4(of 15)

Best time in the category: 56:22