



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Thomas, Manfred

Club: LFV Oberholz
Number: 248

Course: 15.00 km
15.0 km

Category:
Männer M50

Total time: 1:02:05

Speed: 14.50 km/h
Running performance: 4:08 min/km

Rank in course/Total: 27 (of 124)

Rank in course/Men: 25 (of 86)

Best time in course: 53:24

Rank in category: 3(of 13)

Best time in the category: 59:04