



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Dr. Sergel, Dieter

Club: LWF Leipzig eV

Number: 21

Course: 10.00 km

10.0 km

Category:

Männer M70

Total time: 1:02:40

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 22 (of 24)

Rank in course/Men: 19 (of 21)

Best time in course: 35:31

Rank in category: 2(of 4)

Best time in the category: 55:40