



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Arnold, Jonas

Club: Laufgruppe Lobelienweg  
Number: 325

Course: 3.60 km  
3.6 km

Category:  
männliche Schüler C

Total time: 16:17

Speed: 13.27 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 7 (of 11)

Rank in course/Men: 6 (of 8)

Best time in course: 13:46

Rank in category: 3(of 5)

Best time in the category: 14:59