



19. Sonnenwendlauf  
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Muth, Uwe

Club: LG Taucha/Leipzig  
Number: 237

Course: 15.00 km  
15.0 km

Category:  
Männer M45

Total time: 1:06:09

Speed: 13.61 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 47 (of 124)

Rank in course/Men: 41 (of 86)

Best time in course: 53:24

Rank in category: 8(of 15)

Best time in the category: 56:22