



19. Sonnenwendlauf
Leipzig - Mühlwiese / 20.06.2009

Detailed evaluation

Kratz, Holger

Club: Leipzig
Number: 384

Course: 15.00 km
15.0 km

Category:
Männer M45

Total time: 1:07:34

Speed: 13.32 km/h
Running performance: 4:30 min/km

Rank in course/Total: 50 (of 124)

Rank in course/Men: 44 (of 86)

Best time in course: 53:24

Rank in category: 10(of 15)

Best time in the category: 56:22