



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Thedt, Michael

Club: Alemannia Aachen
Number: 134

Course: 10.00 km
10 km Walking

Total time: 1:19:18

Speed: 7.57 km/h

metres in height up: 69
Course score: 11.04

performance score: 84 Points