



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

seidel, volker

Club: bochum

Number: 131

Course: 10.00 km

10 km Walking

Total time: 1:20:49

Speed: 7.42 km/h

metres in height up: 69

Course score: 11.04

performance score: 82 Points