



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Hofmann, Marina

Club: Postverein Unna
Number: 255

Course: 10.00 km
10 km Nordic Walking

Total time: 1:18:18

Speed: 7.66 km/h

metres in height up: 69
Course score: 11.04

performance score: 85 Points